

# Table of Contents

pg.1	SCHEDULE
pg.2	WELCOME
pg.4	KEYNOTE SPEAKERS
pg.6	MISTRESS OF CEREMONIES
pg.7	SENIOR SPOTLIGHT
pg.9	RESOURCE FAIR
pg.10	WORKSHOPS

## Conference Schedule

8:00 am - 8:45 am

Check in – Breakfast – Quad

9:00 am - 9:45 am

Opening Ceremony – Sexson Auditorium, Building C

Mistress of Ceremonies:

**Miriam Hernandez**, *General Assignment Reporter, ABC7 Eyewitness News*

Keynote Speaker:

**Dr. Cynthia Olivo**, *Vice President, Student Services, Pasadena City College*

10:00 am - 11:15 am

Workshops – Classrooms – Buildings C, R, V, IT & HH

11:30 am - 12:45 pm

Workshops – Classrooms – Buildings C, R, V, IT & HH

1:00 pm - 2:00 pm

Lunch & Resource Fair – Quad

2:00 pm - 3:00 pm

Closing Ceremony – Sexson Auditorium, Building C

Keynote Speaker:

**Laura V. Farber**, *President & Chairman of the Board, 2019-2020, Pasadena Tournament of Roses*



**Mariachi Corazon de Mexico**  
*Musical Guest*

**“No success is too small to celebrate”**



It is with great pleasure and excitement that I welcome you to the 25th Annual Adelante Mujer Latina (AML) Conference. I am honored to be able to share this fulfilling and life-changing experience with all of you— our aspiring Latinas.

For some of you, this may be your first time attending this conference. For many of you, welcome back! Our passionate and dedicated volunteers have united as one to strategically develop new ideas and organize this conference in order to provide you with the tools for academic and personal growth. I challenge each and every one of you to expand your minds and take in all of the information that is provided to you by our very knowledgeable workshop presenters as they are here to guide you through your career decision-making process. Be curious, ask questions, seek clarification, but most of all—have fun!

As a first-generation Latina college graduate and now Licensed Marriage and Family Therapist, I grew up in a family where higher education was not something that was heard of very often. Taking the initiative to ask questions and seek answers has helped mold me into the career-oriented person that I am today. Always remember that you are one of a kind and have something great to offer.

I have been volunteering for Adelante Youth Alliance for a few years now and never could I imagine how rewarding this experience could be. If there is one thing that stands out about this organization is that every single person involved is passionate about promoting leadership and encouraging you to pursue a post-high school education as they truly believe in you and your dreams.

To all of our school staff, mentors, family, and friends sharing this experience with the attendee—we thank you for being a strong role model and encouraging our future leaders to focus on reaching their full potential. I would also like to thank Pasadena City College, advisory board, sponsors, volunteers, and exhibitors for making this conference possible as your hard work and dedication does not go unnoticed.

To all of my young Latinas...Keep shining, the world needs your light!

Adelante Mujer!  
**Denise Smith, LMFT**  
*Conference Chair*



**Executive Committee**

- Stella R. Murga
- Denise Garcia
- Jose Madera
- Evellyn Rosas
- Melissa Estrada

**Workshop Committee**

- Melissa Osuna - Co-Chair
- Monica Rivera - Co-Chair
- Tere Montalvo
- Maria Lopez
- Leonora Uribe
- Mary Villanueva

**Schools & Organizations Committee**

- Larry Herrera
- Jesus Franco
- Edna Chavarry
- Ruby Gonzalez

**Logistics Committee**

- Art Murga
- Richard Villalobos
- Jonathan Villalobos
- William Villalobos
- Ryan Villalobos
- Aldo Sarellano

**Volunteer Committee**

- Patricia Carrillo
- Jacqueline Valle
- Elsy Secaída
- Cristian Madera
- Monica Murray
- Sergio Baez
- Eliza Hoyos Vences
- Susan Barraza

**Public Relations Committee**

- Mandie Montes
- Janet Rodriguez

**Program Cover Design & Photography**

- Mike Mera

**Exhibitor Committee**

- Martha Arias
- Paola Martinez
- Janet Perales
- Dr. Laura Quintana

**Teen Committee**

- Ixchel Martinez
- Lesley Gomez
- Karla Arias
- Nautica Uribe
- Sofia Gonzalez
- Rebecca Secaída
- Brianna Zameza
- Melanie Meza



On behalf of the Adelante Youth Alliance (AYA), it is my honor to welcome you all to the 25th Annual Adelante Mujer Latina (AML) College & Career Conference!

AYA's mission is to educate, empower and inspire youth to develop their academic, career, personal and leadership potential, and this conference is just one way we accomplish that.

I want you young ladies to know that by being here today, you are taking an important step in creating the future you want for yourself and your families. This conference is designed to provide you with amazing role models who will provide you with a vision of your future. Be brave and introduce yourselves to the many outstanding women here to share their knowledge and insights with you so that you too can achieve your dreams.



We greatly appreciate all the workshop presenters here today for taking the time to share your college & career journeys – so that our young ladies can learn from your successes and challenges. We applaud you!!

Congratulations to the parents, teachers, and mentors accompanying your child or students today. By bringing them to the AML Conference, you are giving them an advantage, exposing them to a day of inspiration that may spark that fire to achieve their full potential.

And last but certainly not least, thank you to all the exhibitors and volunteers for working so hard to make this day a positive and memorable one for so many.

Together we rise - Adelante!!

Abrazos,  
**Stella R. Murga, MSPA**  
 Executive Director  
 Adelante Youth Alliance

**ADELANTE YOUTH ALLIANCE STAFF**

<b>Stella R. Murga, MSPA</b> <i>Executive Director</i>	<b>Jose Madera, BA</b> <i>Program Manager/ Conference Administrator</i>	<b>Melissa M. Estrada, M.S., L.Ac.</b> <i>Director of Wellness &amp; Operations</i>	<b>Evellyn Rosas, BA</b> <i>Program Assistant</i>
---	--	--	--

**BOARD OF DIRECTORS**

<b>Larry Herrera, MA.Ed.</b> <i>President</i>	<b>Mayra Serrano, MPH</b> <i>Vice President</i>	<b>Rene Gonzales, MA.Ed</b> <i>Secretary</i>	<b>Martin P. Sanchez, MBA</b> <i>Treasurer</i>
<b>Jose M. Mayorquin, BA</b>	<b>Jose Avalos, MD</b>	<b>Sergio Baez, MBA</b>	<b>Cynthia Olivo, PhD</b>



[www.Adelanteya.org](http://www.Adelanteya.org)  
 email: [adelante@adelanteya.org](mailto:adelante@adelanteya.org)



# Keynote Speaker



## **Dr. Cynthia Olivo**

*Vice President of Student Services, Pasadena City College*

**Dr. Cynthia Olivo** has been a professional in higher education since 1995. For 24 years she has served in capacities including Dean, Associate Vice President & Vice President. This is her 17th year as an administrator including seven years at the university level and 10 years in community college.

Dr. Olivo serves as the Vice President of Student Services at Pasadena City College (PCC), serving 27,000 diverse students including 51% Latinx, 27% Asian & Pacific Islander, 4% African American, 15% White and 44% first generation college students with 65% meeting low income guidelines. Her leadership qualities include leading innovation to improve student success, consensus building among stakeholder groups to advance student equity and creating an engaging, inclusive environment to foster

change in our practices while emphasizing cultural competence of practitioners to meet student needs. Initiatives include creating a large scale Pathways Program, PCC Complete Graduation Initiative, Student Equity Professional Development program to transform teaching, hiring, and services to students. These efforts have resulted in PCC earning distinctions such as “Top 10 Community College in the Nation” by the Aspen Prize for College Excellence; Top 10 Best for Vets in the USA by Military Times Magazine; Champion in Higher Education for being a top producer of Associate Degree for Transfers in California by the Campaign for College Opportunity.

Cynthia was selected for the Aspen Presidential Fellows Program Class of 2017, completed the Harvard Institute for Management & Leadership in Education and the American Council on Education Advancing to the Presidency Program. Dr. Olivo currently leads a team that has secured \$17 million dollars in grants in the past three years including Hispanic Serving Institution Title V, Hispanic Serving Institution STEM Title III, TRIO Title V grants and Los Angeles Scholars Investment Fund. She led the creation of a Veterans Resource Center and the Lancer Pantry and is leading the following projects: Integrated One Stop Student Services Center, Safe Zone Center, Foster Youth Center, expansion of the Pathways Center and Veterans Resource Center and is providing strategic vision in creating a first of its kind Career & Completion Center and the Center for Student Equity and Professional Development. She is the President-Elect for the Statewide Chief Student Services Officers of California Community Colleges and is the Southern California Representative organizing a Statewide Latinx California Community College Organization. Dr. Olivo is an adjunct faculty at the University of Southern California Rossier School of Education Doctoral Program teaching Administration in Higher Education.

Cynthia earned her BA in Psychology and a Master of Science in Counseling from California State University San Bernardino. She earned her Ph.D. in Education with an emphasis in Urban Leadership from Claremont Graduate University in 2009.

Dr. Olivo is the granddaughter of Juan & Salome Bustos, hardworking & incredible migrant farmworkers who were born in this country during a period of segregation. She is the daughter of an amazing single mom who was born here the year Brown vs. Board of Education ended segregation although the sentiments of people had not caught up with the law. She is one of four daughters who all went to college and graduated—including her Mom who graduated at the age of 50. Cynthia is the first in her family to go to college and third generation Mexican-American/Chicana.

# Keynote Speaker



## **Laura Farber**

*President of the Tournament of Roses*

**Laura Farber** is the first Latina and third woman to serve as President of the Tournament of Roses. As president, she provides leadership for the 131st Rose Parade, and the 106th Rose Bowl Game on January 1, 2020. The 2020 theme she has selected for the Parade is the 'Power of Hope', celebrating the influence of optimism and hope.

Laura states, 'It is about the belief that what is wanted can be attained. From the struggles of those who came before us to dreams yet to be realized, hope is more than simply the possibility of fulfillment. It is dignity and respect, joy and happiness, aspiration and achievement. Through hope and optimism, we can aspire to be our best and in turn, inspire those around us to reach higher. With hope anything, in fact, everything is possible.'

Laura has been a volunteer member of the Tournament of Roses Association since 1993, appointed a Tournament Chairperson in 2004, and a Tournament Director in 2010. Throughout her extensive Tournament career, Farber has served on and chaired various committees including Decorating Places, Formation Area, Judging and Membership Development. She was elected to the Executive Committee in 2012.

Professionally, Laura is a partner in the Pasadena law firm of Hahn & Hahn, where she practices civil litigation with an emphasis in employment disputes. Additionally, Farber is a member of the American Bar Association, where she serves as the State Delegate for California in the House of Delegates, Chair of the Latin America and Caribbean Initiative Council, a member of the Rule of Law Initiative Board, a member of the Steering Committee of the Nominating Committee. She is also a member of the State Bar of California, California Women Lawyers, Women Lawyers Association of Los Angeles, National Association of Women Lawyers, Mexican-American Bar Association, Latina Lawyers Bar Association and the Hispanic National Bar Association.

She has been named one of the top 50 women lawyers in Los Angeles and featured in the Los Angeles Business Journal. In 2003, she received the American Bar Association's Commission on Ethnic and Racial Diversity in the Profession – Spirit of Excellence Award and, in 2004, she received the YWCA San Gabriel Valley Women of Excellence in the Law Award.

Born in Buenos Aires, Argentina, Farber's native language is Spanish. She earned her bachelor's degree, cum laude, with departmental highest honors, in 1987 from University of California, Los Angeles and her juris doctor, cum laude, in 1990 from Georgetown University. She is admitted to the bars of California, the District of Columbia, Ninth and D.C. Circuits and the U.S. Supreme Court.

Farber and her husband, Tomás Lopez, reside in South Pasadena and have two children, Christopher and Jessica. Her hobbies include music, tennis and reading.

# Mistress of Ceremonies



**Miriam Hernandez**  
*Reporter, ABC7 Eyewitness News*

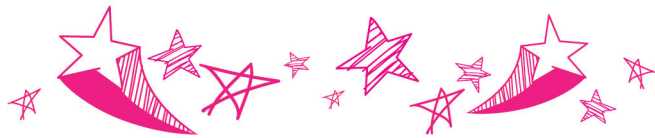
**Miriam Hernandez** is an Emmy award winning Eyewitness News broadcaster specializing in public safety issues and high-profile trials for nearly two decades.

Court coverage probed the controversial deaths of celebrities including Michael Jackson, Anna Nicole Smith and John Ritter. She detailed the legal travails of former Dodger's owners Frank and Jamie McCourt, former Clippers owner Donald Sterling, as well Katy Perry, Lindsay Lohan, CeeLo Green, Mel Gibson and Minnie Driver.

Public corruption was the focus in the trials of Bell city leaders and in the federal probe of LA County jails which ended in the conviction the former Sheriff, his assistant Sheriff and multiple deputies.

She reported on Catholic church's clergy abuse, pursuing the crisis from Los Angeles to Vatican City as Pope John Paul II called a world-wide summit of cardinals.

Miriam Hernandez earned her BA at UCLA and Masters in Mass Communication from the University of Minnesota. She previously worked for WUSA in Washington, D.C., Good Morning America, and in local stations in Los Angeles, San Diego and St. Louis.



## **Mariachi Corazon de Mexico**



**Mariachi Corazon de Mexico** is an all-female, four piece, all string group, which provides a variety of high quality Mexican musical entertainment, including your favorite Mariachi, banda, norteno and Mexican pop songs, Mariachi style. The band members each have many years of experience with large big name Mariachi groups, such as, Mariachi Reyna de Los Angeles, Mariachi Divas, and Mariachi las Adelitas, and have come together to greater fulfill their self-expression and share their musical talents.

Mariachi Corazon de Mexico is equally suitable for an elegant occasion or a rowdy fiesta! This group presents passionate violin playing, impressive vocal soloists and lushly blended vocal harmonies. We are excited to be performing for Adelante Mujer Latina and wish you a lovely adventure in your journey to success!

**“I recognize the wisdom, strength & compassion within me”**

# Senior Spotlight



**Karla Arias**  
*Narbonne High School*

I am graduating from Narbonne High School in Harbor City. I have been participating in the Adelante Mujer Latina Conference for over 6 years now, and this experience has encouraged me to seek leadership positions at my school, empower my community, and apply to top universities. I have been accepted to UC Berkeley, UC Irvine, Smith College, Mount Holyoke College and Loyola University Chicago. With a passion for knowledge and teaching, I plan on majoring in Latin American Studies with a minor in Sociology in order to encourage other Latinx youth to be proud of their heritage and understand their history which has often been left out of textbooks.

**Sofia Gonzalez**  
*Blair High School*

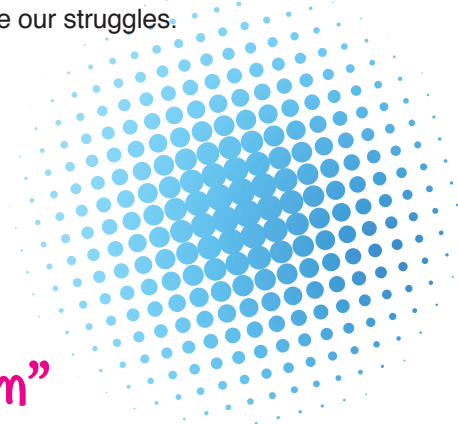


As a senior at Blair High School in Pasadena, I went through the process of applying and choosing a college. It is time-consuming and stressful, but it feels wonderful when the applying process is finished and you start receiving letters of acceptance. I will be attending Columbia College Hollywood in Fall 2019, and majoring in cinema. I will continue to work hard to accomplish my dreams, because I know I can accomplish anything I put my mind to.



**Ixchel M. Martinez**  
*Benjamin Franklin Senior High School*

I am graduating from Benjamin Franklin Senior High School in Los Angeles. I'm a proud Latina, raised by an ambitious Chicana single mother who always pushed me to do great. I've been accepted to UC Merced, CSU Channel Islands, CSU Dominguez Hills, and CSU San Marcos. I'm excited to say that I will be attending UC Merced in the fall and major in Clinical Psychology. My long term goal is to become a Child Psychologist in the Latino community. I'm grateful to AML for providing me with the opportunity to be a member of this year's teen committee. I have attended the AML Conference for three years and decided to volunteer in my junior year. I have met many women who have shown me that no matter how hard and stressful life may get, we can always find a way to overcome our struggles.



**"I accept myself exactly as I am"**

# Senior Spotlight

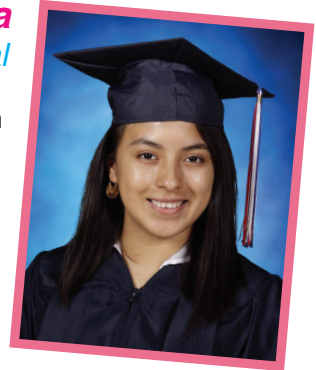


**Nautica Uribe**  
*USC East College Prep*

I am graduating from USC East College Prep and looking forward to attending the University of Redlands in the Fall of 2019 to pursue a degree in environmental engineering. I hope to improve our natural resources and encourage other girls to pursue a degree in STEM. I have participated with Adelante Mujer Latina for 3 years now and have improved my leadership, communication, and networking skills through this conference.

**Brianna Zameza**  
*Marshall Fundamental*

I am graduating from Marshall Fundamental in Pasadena, and plan on attending Pasadena City College for 2 years, then transfer to pursue my career in film as a director. I enjoy creating short films, as I get to bring my vision to life! The film industry is male dominated and I, as a Latinx individual, want to make a difference, by giving more recognition to female directors and producers. Adelante Youth Alliance has opened many opportunities for me and I am grateful for that!



**Lesley Gomez**  
*Narbonne High School*

I am graduating from Narbonne High School in Harbor City, and have been accepted to California State University Dominguez Hills and San Francisco State University. I plan to attend San Francisco State University and pursue a degree in psychology so that I can help people who struggle with mental illness. I also hope that in the future I can establish my own nonprofit to help kids and adults of color who don't have access to proper resources regarding mental health, and to remove the stigma within these communities.

**"I am doing my best & it is enough"**



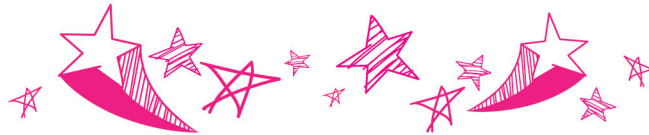


### ***Community/Civic/Health Organizations***

Coalition for Humane Immigrant Rights (CHIRLA)  
Foothill Family Service  
Kaiser Permanente  
Latina Fashionista  
Latino Pilot Association  
Los Angeles County Department of Mental Health  
Los Angeles County Office of Education Head Start  
and Early Learning Division  
National Hispanic Coalition of Federal Aviation  
Employees (NHCFAE)  
National Parks Conservation Association  
Nature for All  
Pasadena Public Health Department -  
Nutrition & Physical Activity Program  
Penny Lane Centers - Embracing Identities  
Professional Women Controllers, Inc.  
YWCA Pasadena-Foothill Valley

### ***Colleges/Universities***

Art Center College of Design  
Biola University  
California State University, Los Angeles (CSULA)  
Chapman University  
East Los Angeles College  
Glendale Community College  
Pasadena City College  
Pasadena City College STEM  
University of California, Santa Barbara (UCSB)  
University of California, Los Angeles (UCLA)  
University of Tennessee  
Washington University in St. Louis



### ***School Attendees***

Alliance College Ready Middle Academy #4  
Arcadia Unified School District  
Arroyo High School  
Baldwin Park Unified School District  
California High School - Spanish Club  
Covina High School  
Glendale High School  
Hoover High School  
Lancaster School District  
Larchmont Charter School  
Learning Works Charter School  
Migrant Education Program - Lancaster

Montebello Unified School District  
Park West High School  
Pasadena City College - Talent Search Program  
Pasadena City College - TRIO  
Pasadena City College - Upward Bound Math-Science  
Pasadena Youth Ambassador Program  
Pomona Unified School District  
Roosevelt Middle School  
Rosemead High School  
Rowland Unified School District  
Ynez School

***“I deserve to be happy & loved”***

# Preparing for College

	10 a.m.	11:30 a.m.
<b>Make the Right Moves to Get into College</b> Denise Alvarado, M.S., Assistant Principal, Anaheim Union High School District Roció Gómez, M.A., School Counselor, Cerritos High School	C157	
<b>Navigating Through College Using Your Values &amp; Strengths</b> Elisa Castillo, B.A., College Adviser, University of Southern California Carla Veliz, B.A., College Adviser, University of Southern California	C158	
<b>Time to Travel: How to Study, Work, &amp; Teach Abroad</b> Gabby Bobadilla, B.A., Career Coach, Gabriela Bobadilla Career Coaching	C301	
<b>What Color Are Your Wings: The Key to Your Career</b> Susana Hernandez, M.S.P.A., Owner, Decorro Designs	C304	
<b>Welcome to the CSU System</b> Nadia Mendoza, M.S., Recruitment Specialist California State University, Los Angeles	C305	
<b>Find Your Strengths: Become Your Own Wonder Woman!</b> Heidi Coronado, Ph.D., Assistant Professor, California Lutheran University Vanessa Gonzalez, M.S. Candidate, Graduate Student, California Lutheran University Mireya Milian, M.S. Candidate, Graduate Student, California Lutheran University Angela Rowley, M.S., Lecturer of Counselor Education, California Lutheran University	C310	
<b>Different Pathways to Universities: Student Panel</b> Melisa Akkaya, Joann Lozano, Adiba Majumder, Dulce Perez, Kassandra Flores Undergraduate Students at University of California, Irvine Itzeel Flores, Undergraduate Student, Cal State Northridge	C325	
<b>Understanding Financial Aid for College</b> Ericka Gutierrez, M.S., Financial Aid Advisor, Long Beach City College	C164	C164
<b>Rights &amp; Opportunities for Undocumented California Students</b> Kathia Garcia, B.A., Youth Organizer Melody Kligenfuss, M.A., Statewide Organizer Miriam Mesa, B.S., Director of Community Education and Outreach Coalition for Humane Immigrant Rights of Los Angeles		C158
<b>The Struggle is Real: Overcome &amp; Achieve</b> Alejandra Aguilar Avelino, Health Educator, East Los Angeles Women's Center Jhoanna Avelino, Student Program Assistant, Cal State L.A. Student Health Center Sofia Benitez, Certified Peer Educator, California State San Bernardino		C301
<b>Planning &amp; Preparing for Success in Higher Education</b> Mabel Sanchez, M.Ed., Ph.D. Candidate, University of Southern California Cynthia Villarreal, M.Ed., Ph.D. Candidate, University of Southern California		C305
<b>Community College as a Pathway to Universities: Student Panel</b> Melisa Akkaya, Kassandra Flores, Joann Lozano, Adiba Majumder Undergraduate Students at University of California, Irvine		C325
<b>Create Your Vision for Success</b> Nancy Verdin, B.A., Prevention Programs Coordinator, Day One		C364 Hands-On
<b>Breaking Barriers as a First Generation College Student</b> Heydy Arias, Undergraduate Student, Academic Chair, Hermanas Unidas de UCLA Evelyn Zamora, Undergraduate Student, Co-Chair, Hermanas Unidas de UCLA		C370

**“I have something special to offer the world”**

# For Parents y Para Padres

	10 a.m.	11:30 a.m.
<b>The Trauma Informed Latina Mom: Why The Chancla Doesn't Work</b> Alejandra Aguilar Avelino, Health Educator, East Los Angeles Women's Center Jhoanna Avelino, Student Program Assistant, Cal State L.A. Student Health Center	C155	
<b>Mamá/Papá, ¿Cómo Puedes Saber Si Estoy Deprimida?</b> Y Si Lo Sabes, ¿Por Qué No Me Ayudas? Guadalupe Morales Avendano, Ph.D., Research Neuropsychologist University of Southern California, Keck School of Medicine	C162	
<b>College Going Culture: How to Support Your Daughter in Middle School &amp; High School</b> Dolly Figueroa, B.S., High School Placement Counselor, KIPP LA Public Schools Marcile Montoya, M.S., School Counselor, South Pasadena Unified School District	HH	
<b>Tu Voz = Mi Voz = A Una Relación Saludable</b> Nereida Carrasco, LCSW Teresa Montalvo, M.A., Associate Marriage Family Therapist Pasadena Public Health Department & A Window Between Worlds		HH
<b>Roadmap to Parent Engagement</b> Zuleica Murillo, B.A., Executive Director, Community and Family Services Fresno Unified School District		C157
<b>Juntos Triunfaremos: Pasos Importantes Para Lograr Hijas Universitarias</b> Maricela Hurtado, M.A., LMFT, The Madrina Project		C162

# The Business World (Enterprising)

	10 a.m.	11:30 a.m.
<b>Finding the Career for You: Resume Building &amp; Recruitment</b> Nicole Murga, B.S., Recruiter, Matura Farrington Janet Semino, B.S., Recruiter, Matura Farrington	C312	
<b>Your Credit &amp; Why It's Important</b> Ana Rubalcaba, B.S., Vice President, Deputy CRA Officer, Cathay Bank Erika Toriz-Kurkjian, B.S., Executive Director, Haven Neighborhood Services	C351	
<b>The Art of Negotiations: Speaking Softly While Carrying a Big Stick</b> Angelica Gutierrez, Ph.D., Business Professor, Loyola Marymount University	C323	C323
<b>Owning Your Own Business</b> Yesenia Flores, M.A., CEO, HRY Personnel Services Jeanette Flores, M.A., Vice President/Business Developer, HRY Personnel Services		C312
<b>Becoming an Entrepreneur</b> Renee Dominguez, M.S., CEO, Empowered Leadership Arie Rose Martinez, B.A., Author, Arie Rose Alicia Sierra, Founder, Hair Ally		R209
<b>Why the Road to Living Comfortably or Being Rich Starts Right NOW!</b> Chelsea Galicia, Esq., Director of Education, Financially Fit Foundation		R403
<b>Make Buying Your Career</b> Viridiana Loza, B.A., Buyer, Ross Stores, Inc.		R423

**“I treat myself with kindness”**

## Law, Community & Justice (Investigative)

	10 a.m.	11:30 a.m.
<b>Women in Law Enforcement</b> Tiffany Hoff, Officer, California Highway Patrol Marissa Raya, Officer, California Highway Patrol	R403	
<b>Advocate with Heart &amp; Ganas for Your Hood</b> Ana Graciela Najera Mendoza, JD, Staff Attorney, ACLU of Southern California Irene Rocha Rivera, B.A., Education Justice Advocate, ACLU of Southern California	R320	
<b>Becoming a #Lawtinx</b> Marjorie Soto, JD, McDermott Will & Emery Albert Maldonado, JD, Attorney, Best Best & Krieger LLP	R321	
<b>Green Careers: Our Environment Needs You</b> Araceli Hernandez, B.A., Community Organizer, Nature For All		R320
<b>Encuentra Tu Voz: A Lawtina for Latinas</b> Ariana Rodriguez, JD, Legal Fellow, ACLU of Southern California		R321
<b>Engaging Your Community While Building Your Personal Brand</b> Alejandra Liera, B.A., Program Manager, Playworks Education & Community Organizer at Eastside Cafe		C351

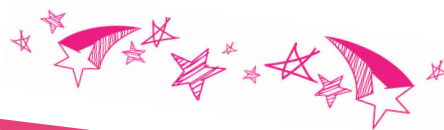
## Entertainment & Creative Arts (Artistic)

	10 a.m.	11:30 a.m.
<b>Taking the Plunge! From Compton, to Europe, to Disney</b> Erika Molina, B.A., Recruiter, The Walt Disney Company	Sexson Auditorium	
<b>Digital &amp; Social Media is the Present &amp; Future!</b> Janet Rodriguez, C.P.M., CEO, All Access Events, LLC & All Access Broadcasting	C337	
<b>Podcasting 101</b> Christine Singer-Luna, B.A., Manager, W-IPA RADIO: Uptown Central Station	C361	
<b>Developing &amp; Maintaining Your Professional Digital Media Presence</b> Ariana Cano, M.A., Adjunct Faculty, California State University	C364	
<b>Staying Rooted Using Creative Writing</b> Irene Sanchez, Ph.D., Educator, Poet, Writer, Azusa Unified School District / Bard College	C365 Hands-On	
<b>Calling All Fashion Designers</b> Monique Cruz, A.A., Fashion Designer, Selvedge Dry Goods	R415 Hands-On	R415 Hands-On
<b>Careers in Social Media Marketing</b> Stefanie Perez, B.A., Media Specialist, Apple		R102
<b>Nuestro Journey to Disney</b> Vanessa Gonzalez, B.S., Senior Technology Recruiter, The Walt Disney Company		R122
<b>Film, Dance, &amp; Traveling: Your Voice in Entertainment</b> Summer Funes, B.A., Filmmaker, All Seasons Films		C337
<b>Collaborative Creative Careers: Find the Artist in You</b> Beatriz Valls, Ph.D. Candidate, Artist, Beatriz Valls		C365

**“I revel in the tiny wins today”**

# Careers in Healthcare (Social)

	10 a.m.	11:30 a.m.
<b>Navigating College to Pursue Medicine as a 1st Generation Latina</b> Tiffany Calero, B.S., Research Coordinator USC Clinical Translational Science Institute (CTSI)	R226	
<b>What Pumps You Up? Dissect a Heart</b> Connie Casillas, M.D., Physician, Kaiser Permanente Juanita Lopez, M.D., Physician, Kaiser Permanente	R307 Hands-On	
<b>Careers in Public Health</b> Lorena Cuellar, M.S., Health Educator II, Above All, Inc.	R316	
<b>Healthcare, One of the Fastest Growing Careers!</b> Christina Buendia, B.A., Diversity Consultant, Kaiser Permanente	R318	
<b>Heart Health: A Dissection</b> Reynal Palafox-Rosas, B.S., Medical Student Wendy Silva, B.S., Medical Student University of Southern California, Keck School of Medicine	R309 Hands-On	R309 Hands-On
<b>¿Doctora? Claro que si</b> Yohualli B. Anaya, M.D., MPH, Attending Physician, UCLA Family Medicine Residency Program Karla Gonzalez, M.D., MPH, LAC+USC Adult West Primary Care Clinic Margarita Loeza, M.D. Chief Medical Information Officer, Venice Family Clinic	R317 Hands-On	R317 Hands-On
<b>See an Eye Dissection</b> Connie Casillas, M.D., Physician, Kaiser Permanente Juanita Lopez, M.D., Physician, Kaiser Permanente Martha Mora, M.D., Ophthalmologist, Private Practice		R307 Hands-On
<b>My Career as a Physician Assistant (P.A.)</b> Maria Maldonado, MPH, MPAP, PA-C., Instructor of Clinical Family Medicine University of Southern California, Keck School of Medicine		R220
<b>Body Image &amp; Relationships: How to Be a Community Health Educator</b> Brittany Cropper, B.S., Community Health Educator Planned Parenthood San Gabriel Valley		R316
<b>Pursuing a Career in Research Science</b> Erika Libiar Estrada, M.P.P., Research Associate III, Kaiser Permanente		R318



# Wellness

	10 a.m.	11:30 a.m.
<b>Latinx y en Colores: Gay y Que...</b> Magdalena Munoz Perez, M.P.A., Student Advisor, Rio Hondo College	R219	
<b>Mindful Latina: Overcome the Fear of Failure</b> Pamela Joya, A.A., Research Assistant Ana Lesquives, M.A., Research Assistant University of Southern California, Keck School of Medicine	R220	
<b>How to Manage Your Stress</b> Barbara Gonzalez, MPH, Manager, Community Health, California Hospital Medical Center	R221	
<b>Exploring the Rainbow: An Introduction to the LGBTQ+ Spectrum</b> Summer Gomez, LCSW, Embracing Identities Project Coordinator, Penny Lane Centers		R219
<b>Nutrition for Active Teens</b> Yesel Arvizu, M.B.A., Nursing Research Education Coordinator, City of Hope		R221
<b>The Power of Emotional Intelligence: Why It's Important &amp; How To Develop It</b> Maria Hernandez, M.A., Learning & Development Manager, Youth Policy Institute		R226
<b>Explore How Resiliency Helps You Achieve Your Goals</b> Heidi Coronado, Ph.D., Assistant Professor, California Lutheran University Carolina Hernandez Osorio, M.B.A., Graduate Student, California Lutheran University Angela Rowley, M.S., Lecturer of Counselor Education, California Lutheran University Alexandria Sosa, M.S. Candidate, Graduate Student, California Lutheran University		C310



**“I respect myself”**

# STEM: Science, Technology, Engineering & Math (Investigative)

	10 a.m.	11:30 a.m.
<b>Latinas in Chemical Engineering</b> Diana Vivanco, M.S., President/Consultant, Alpha Compliance Services	R102	
<b>How to Obtain a PhD in Science, Math, or Engineering!</b> Anna Salazar, Ph.D., Assistant Project Scientist, University of California, Los Angeles	R216	
<b>Finding your Place in the Aviation Field</b> Faviola Garcia, B.A., Program Manager Senior Advisor/NHCFAE President Raquel Girvin, Ph.D., Regional Administrator, Western-Pacific Region Jonathan Eagle, NHCFAE WP Regional Chapter Director Federal Aviation Administration (FAA)	R423	
<b>Earthquake Design – Shake Table</b> Mayra Cabrera, B.S., Senior Civil Engineering Assistant, Los Angeles County Public Works Chris Ravé, M.S., Associate Civil Engineer, Los Angeles County Public Works	R209 Hands-On	
<b>Electric Motor: How Cars Move</b> Kevin Gomez, CSULB Student & Chapter President, MAES (Latinos in Science and Engineering)	R218 Hands-On	R218 Hands-On
<b>Taking Flight: Latinas in Aerospace</b> Gabriela M. Acosta, M.S., Materials & Process Engineer, Northrop Grumman, Aerospace Systems Elizabeth Gutierrez, M.P.A., Quality Engineer, Northrop Grumman, Aerospace Systems Silvia Osuna, M.S.E., Quality Engineering Manager, Northrop Grumman, Aerospace Systems Carla Rodriguez, Manager Software Engineering, Northrop Grumman, Aerospace Systems	R104 Hands-On	R104 Hands-On
<b>The Genetic Code: Extracting DNA</b> Samantha Miranda, STEAMBASSADOR, Pasadena City College Yarenni Reyes, STEAMBASSADOR, Pasadena City College	R217 Hands-On	R217 Hands-On
<b>Everyday Robotics: Construct, Code &amp; Operate</b> Gregory Holden, STEAMBASSADOR, Pasadena City College Daniel Molina, STEAMBASSADOR, Pasadena City College Ismael Padilla, STEAMBASSADOR, Pasadena City College	IT214 Hands-On	IT214 Hands-On
<b>Coding: The New Language</b> Tiffany Joa, STEAMBASSADOR, Pasadena City College Jessica Yee, STEAMBASSADOR, Pasadena City College	V104 Hands-On	V104 Hands-On
<b>Life of a Product Manager: Insights on Owning &amp; Growing a Product</b> Stephanie Felix, M.S., Manager, Product Management, Workday		R216



**“It isn’t selfish to be kind to myself”**

# Education (Social)

	10 a.m.	11:30 a.m.
<b>Working in the Field of Early Childhood Education</b> Nancy Lopez, M.S., Education Program Manager, Baldwin Park Unified School District	C355	
<b>What Does a Librarian Do All Day Anyway?</b> Cynthia Bautista, M.S., Senior Librarian, Long Beach Public Library Sonia Bautista, M.A., Senior Librarian, City of Commerce Public Library Concepcion Flores, M.S., Children's Librarian, City of Commerce Public Library	C360	
<b>Latinas in Academia: Careers in College Counseling &amp; Student Services</b> Grecia Chaparro, M.S., Assistant Director of Career Services & Internships Mount Saint Mary's University Angelica Gonzalez, M.S., Academic Advisor for College of Engineering & Computer Science, California State University, Northridge	C370	
<b>How to Become a College Professor: It Starts with YOU</b> Lorena Galaviz, M.A., Professor, Pepperdine University		C304
<b>Make a Difference! Become an Educator!</b> Paola Martinez, M.A., Teacher/ELD Instructional Coach, Los Angeles Unified School District		C355
<b>Librarians Are Not Just About Books!</b> Celia Avila, M.S., Senior Librarian, Los Angeles Public Library Alicia Rodriguez, M.S., Bilingual Outreach Librarian II, Los Angeles Public Library		C360 Hands-On
<b>School Counseling: Believe in Your Dreams</b> Angelica Manzo, M.A., District Counselor, Rialto Unified School District Christy Monge, M.A., School Counselor, Moreno Valley Unified School District Stephanie Perez, M.S., School Counselor, Arcadia Unified School District & Executive Director, Believe In A DREAM		C361

*Thank you to our Sponsors!*



**Huntington Hospital**

Pacific City Bank

City of Hope

AON

Gartrell-Harrison Family Fund